



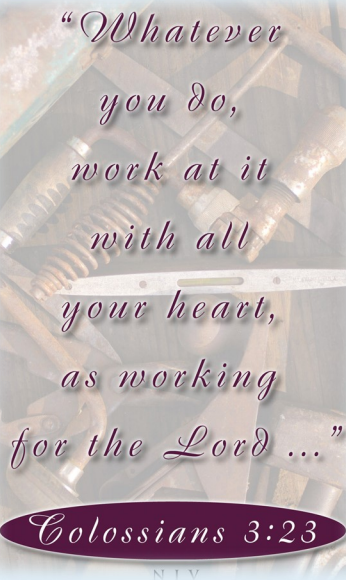
Messenger

F a i t h L u t h e r a n C h u r c h

July—2024

volume 64 . issue 7

a message from senior pastor, Jacob Heine



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"Whatever you do, do it from the heart, as something done for the Lord and not for people, knowing that you will receive the reward of an inheritance from the Lord. You serve the Lord Christ." Colossians 3:23 – 24

Considering a call is stressful for everyone. For the congregation issuing a call, they have been without a worker for some time. They have been working to figure out how to keep ministry going all while looking for the right person to fill the position that they have vacant. There are meetings and conversations, interviews and visits, and lots and lots of prayer. All while having the unknown of how long this process is going to last.

For the congregation where the worker is called from, it is always a shock when they learn that someone they love and have worked with might be leaving them. There are a lot of mixed feelings, knowing that we must trust God while knowing that they may not want this person to leave. There is wonder and what ifs to ponder and consider. And the waiting to hear will they stay or will they go.

For the worker there is sleepless nights up wrestling with God, asking the questions of where and what that they are trying to discern. There are conversations that they want to have, and conversations that never happen. One congregation is trying to roll out the red carpet and be enticing and the congregation the worker serves is holding its breath. In the end, they know that they are going to disappoint someone, and that is never an easy thing to do.

In all of this, we keep the words of St. Paul in mind: We work for God...we serve the Lord Christ. This is because the Lord Christ worked for us first. In His life, death, and resurrection Christ showed us His great love. He showed us His great work for us. The work of redemption and salvation.

Because of this, each of us follows and serves the Lord Christ. We do so out of gratitude and thanksgiving for what He has done for us. It doesn't necessarily make the stress and anxiety go away. But it does give us a focus and someone to turn to when the stress and anxiety arrive.

Making the decision to remain at my call here at Faith was a good reminder for all of us, I hope, that Christ is Lord and we follow Him. Through prayer and conversation we know that there is work to do together, as His people, serving the Lord Christ. My continued prayer is that we keep the Lord Christ in front of us and serve Him. I believe the best is yet to come for Faith.

In Christ's Hands,

Pastor Jacob



*Oh come, let us sing to the
LORD;
let us make a joyful noise
to the rock of our*

Deborah Circle's will meet July 16 to clean the kitchen. Our regular gathering will not begin until Sept. 17.

Eve Circle's Keep watching for details on a fun summer get-together hosted by members of the Eve Group.

Hannah Circle will be doing their 2nd Annual Winery Tour on July 13 at 1:00pm. (more info on Facebook). If anyone is interested in joining our Lutheran Women in Mission group, please RSVP with Claire Banion!

Ruth Circle will be meeting at 9:30am July 10 in the Church Parlor. Karlea Landman is the topic leader and Brenda Reynolds is the hostess. The lesson is from the new summer Quarterly.

Report from your LLC

Council would like to thank all that attended the Voter's meeting in May.

A Site Planning Task Force and a Pastoral Relations Committee have been formed and have both started meeting.

The Council is working on an Evaluation process (to be imple-

mented in the fall) and developing a Sabbatical Policy for called staff.

Election of officers will be in November. We are looking for good candidates. If you have someone to nominate, contact David Lippe.

Work on approving our Constitution and By-laws with the District is still on-going.

Update from our treasurer. . .

MONTHLY FINANCIAL RESULTS

- Donations for May were \$96,172 and expenses were \$87,878 resulting in a **net positive** balance for the month of \$8,294.
- Year to date donations are \$520,916 and expenses were \$454,171 resulting in a year to date balance of \$66,745.
- Donation for May were \$24,777 above May 2023 .
- Year to date donations are \$74,318 above 2023.

CARE CARDS

Join friends at church every-other Wednesday in room 206 to make 4"x4" Care Cards. All materials are provided and no experience is necessary. Card making days this month are July 10 & 24. Finished cards are placed in a box at the Care Card Center near the church's front entry - to be sent to members who need to know people CARE about them. Please write a note to the person(s) whose names appear on the white board at the Care Card center.

"I would like to thank everyone for their well wishes and prayers. They seemed to help, as all is well now. I feel very blessed that so many people cared. Thank you" Debbie Siegel, bookkeeper

QUILTERS NEEDED

Our Monday morning quilters are always in need of more help. Please consider joining them on 2nd & 4th Monday mornings here at Faith. June quilting dates: July 8 & 22. No experience necessary. We are now meeting in a room in the south campus building. Questions? Contact Anne Johnson, 408-8004.



JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 11:45am 5th Sunday Potluck 12:15pm Traditional Worship	1 7:00pm Boy Scouts	2 6:00pm Altar Guild Mtg 6:30pm Spiritual Life 7:00pm Praise Team Rehearsal	3	4 Church Office Closed Independence Day	5	6 8:00am Men's Bible Study 9:00am Breakfast Club
7 Senior Youth Summer Trip 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship	8 Senior Youth Summer Trip 9:00am Quilting 7:00pm Boy Scouts	9 Senior Youth Summer Trip	10 Senior Youth Summer Trip 9:30am Ruth Circle 11:00am Care Card making 6:00pm Site Planning 7:00pm Praise Team Rehearsal	11 Senior Youth Summer Trip	12 Senior Youth Summer Trip	13 Senior Youth Summer Trip 8:00am MOST Ministry 9:00am Breakfast Club
14 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship 6:00pm FIA: Top City Golf	15 7:00pm Boy Scouts	16 6:00pm LLC 5:00pm Deborah Circle	17 7:00pm Praise Team Rehearsal	18 9:00am Scrapbooking	19 9:00am Scrapbooking	20 8:00am Men's Bible Study 9:00am Breakfast Club 1:00pm Hannah Circle
21 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship	22 9:00am Quilting 7:00pm Boy Scouts	23	24 11:00am Care Card making 7:00pm Praise Team Rehearsal	25	26 7:10pm FIA: Royals Game	27 Nicaragua Mission Trip 8:00am Men's Bible Study 9:00am Breakfast Club
28 Nicaragua Mission Trip 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship Junior Youth Summer Trip 12:15pm Traditional Worship	29 Nicaragua Mission Trip Junior Youth Summer Trip 5:00pm LWML Exec Bd 7:00pm Boy Scouts	30 Nicaragua Mission Trip Junior Youth Summer Trip	31 Nicaragua Mission Trip Junior Youth Summer Trip 7:00pm Praise Team Rehearsal	1 Nicaragua Mission Trip	2 Nicaragua Mission Trip	3 Nicaragua Mission Trip 8:00am Men's Bible Study 9:00am Breakfast Club 3:15pm FIA: Back to School Bash

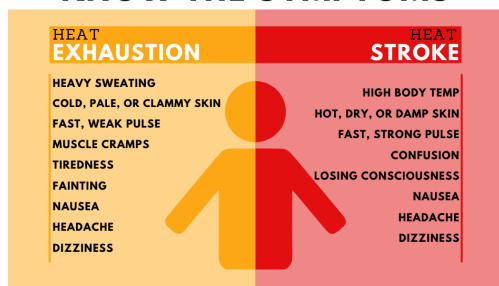
July is the 7th month of our calendar year. In the Bible the number 7 holds great significance and symbolic meaning. It is the number that represents completion, perfection, and divine fulfillment. The number 7 appears in Genesis where God creates the world in six days and rests on the seventh day, calling it the Sabbath. This established the pattern of a 7-day week. It sets a divine order and completeness in the world, and it signifies the perfect work of God and His control over all things.

Again, on our calendar the 7th month is July, and July brings intense heat, and often long-awaited-for family vacations and time spent outside. Let's start with an overview of dehydration, heat exhaustion, and heat stroke. It is important to know the signs of these heat illnesses so they are recognized upon their onset!

Dehydration Symptoms include thirst, fatigue, dizziness, confusion, and dark-colored (concentrated) urine. Young children and infants may not produce tears when crying or may have sunken eyes or a dry mouth when dehydrated. If you stop sweating or aren't feeling the urge to urinate at least every two hours you are likely dehydrated. Most people think they are really drinking enough water, but most really are not. If you don't like to drink water, try adding frozen lemon, lime, or orange wedges in your water. Keep some in the freezer for quick and easy access!

Treatment for dehydration is to drink plenty of water, **at least** 60-80 ounces of water per day. Some sources say even more water is needed by most people, especially men. For a child weighing up to 100 pounds the general rule is for them to drink 50 percent of their weight in ounces of water each day. If drinking alcohol it is best to drink one extra glass of water for every alcoholic beverage you drink.

KNOW THE SYMPTOMS



COOL DOWN
LOOSEN CLOTHES
SIP WATER

WHAT TO DO

CALL 911
COOL DOWN
DON'T DRINK ANYTHING

Heat Exhaustion

Symptoms include rapid pulse, dizziness, fatigue, pale skin, muscle cramps, nausea, fainting, and headache. Although these symptoms are not a lot different than signs of dehydration, heat

exhaustion is more concerning than dehydration. These

symptoms should not be ignored. If you are working or playing outside it is good to replace the sodium lost from sweating by drinking electrolyte-balanced sports drinks. Drink lots of water and take breaks out of the sun. A cool, damp cloth around your neck can be helpful too.

Heat Stroke When the symptoms progress to heat stroke they become a medical emergency and medical attention is necessary. It is advisable to call 911. Symptoms include a body temperature of 103 or more, rapid breathing, lack of sweating, irrational behavior, and even convulsions or unresponsiveness. These symptoms can cause damage to vital organs and muscles and can be fatal.

Treatment includes stopping physical activity, seeking cool shade or shelter, removing unnecessary clothing, resting, hydrating, cooling down, and even using cold water for submersion or placing cold/ice packs under arms and in groin areas. Always remember this is a medical emergency.

Swimming Accidents At the beach/in the ocean rip tides and big waves can lead to drowning. Swim where lifeguards are preset and heed all warnings about the weather or the water conditions. Learn to recognize rip tides.

At the pool avoid running which can cause falling. Always have adult supervision when children are in or near the water. Also, drinking alcohol can increase the risk of accidents in the water.

Sunburn It is advisable to apply sunscreen that blocks UVB and UVA rays, even on cloudy days. Reapply sunscreen frequently, especially if around water, concrete, or sand which reflects



the sun. Wearing lightweight clothing to cover skin when possible is also advised. Throw on a hat too, to protect your ears and neck. Sunburn affects the body's ability to cool itself, and it can lead to skin cancer later in life.

Fireworks Just a word about sparklers. Most people don't realize how dangerous sparklers can be. They burn at about 2000 degrees, and they can ignite clothing. Young children have received severe burns on their feet from dropping a sparkler.

Have a wonderful summer.....and stay safe!



		Kolby Kutscher	7	Marlys Strobel	18
		Jean Anne Lietz	8	Audrey Taylor	18
		Dawn Strecker	8	Jane Banion	20
		Hudson Campbell	9	Amy Glinka	20
		JD Elsey	9	Jim Janousek	20
		Jane Jones	9	Pierson Moran	20
Sarah Tenbrink	1	Ethel Kruse	10	Jessica Brunken	21
Mark Bleich	2	Tandy Leinwetter	10	Rylan Atchison	22
Tina Brackman	2	Kristen O'Shea	10	Holly Robertson	11
Thomas Kamprath	2	Vincent Alvarez	11	Regann Steinhauer	22
Dave Mahon	2	David Domingo	11	Norma Hudson	24
Christian McCoy	2	Nathan Haley	12	Fred Crowder	25
Christina Ledbetter	3	Joe Hoover	12	Joel Genrich	25
David Taylor	3	Jeff Sloyer	12	Presley Guffey	25
Debbie Anschutz	4	Summer Taylor	12	Kathleen Tangari	25
David Atchison	4	Marlene Urban	13	Tim Gateley	26
Sandra Dickison	4	Bryan Falk	14	Art Tardiff	28
Ryan Jones	4	Gretchen Hammond	14	Greg Harris	29
Addison Maxwell	4	Alana Rhone	15	Lynn Janousek	29
Darin Schwant	4	Shari Saxton	14	Penny Lane	29
Jean Ann Legler	5	Kim Dietrich	15	Makynna Johnson	30
Megan Lehman	6	Mickey Holloway	16	Jennifer Kuhn	30
Roger Matzke	6	Olivia Schwartz	16	Sierra Pursell	30
Maureen Schwant	6	Donna Lehman	17	Alyssa Deter	31
Delicia Timm	6	Brenda Michalski	18	Brady McCormick	31
Annette Turrentine	6	Darlene Strader	18	Larry Sheets	31



Doug & Pam Boetcher	2	Dillon & Ellee Johnston	15		
Duane & Brad Butler	3	Hank & Jeanne Judson	17		
Beth & Doug Helmke	3	Pat & Tammi Pierce	17		
Ethel & Ron Kufahl	7	Delicia & Robbie Timm	18	Lori & Steve Hennessey	28
Bill & Jacki Theis	8	Karen & Mike Brumleve	19	Jeff & Penny Lane	30
Eileen & Kenton Rohberg	10	Dick & Linda Laird	19	Erik & Mallory Bertels	31
David & Sara Marstall	12	Jon & Susan Rollenhagen	20		
Caroline & Don Signor	12	Kim & Jon Dietrich	21		
Drew & Nicole Bradshaw	14	Byron & Jane Jones	21		
Rachel & John Bristow	14	Eric & Michelle Boling	28		

.CHILDREN. .YOUTH. .FAMILIES.

Heather McCormick, director of youth & family ministry

CHILDREN

Back to School Bash: Faith's Annual Back to School Bash will be on Saturday, Aug. 3 from 3:15pm-6:15pm at Blaisdell Pool! FREE entry to the pool (tell them you're in the party room), and dinner will be provided!

YOUTH

Junior youth

Junior youth will be taking their summer trip to Trout Lodge on July 28-31! Please keep students in your prayers as they spend time in God's Word and learning together as a team! Interested in supporting our junior youth? Talk to DCE Heather about camp costs and how to support families financially!

Senior youth

Senior youth will be taking their summer trip to Snow Mountain Ranch on July 7-13! Please also keep the senior high students in your prayers as they grow in their faith and grow together as a group!

FAMILY LIFE

Faith in Action TopCITY Golf: Join us on Sunday, July 14 at TopCITY Golf (350 NE US 24 HWY) for a fun night! At your own cost.

Faith in Action At the K: Join Faith at Kauffman Stadium on Friday, July 26 for the 7:10pm game against the Cubs! Tickets are available in the church office starting Sunday June 30 (\$25/ticket). Transportation and parking not included in ticket cost.

Faith is excited to host **Concordia University Nebraska's A Capella Choir** on Friday, Sept. 6 at 7pm! Join us for a night of beautiful music! Free to attend, a free-will offering collection will be taken.

We will also be needing host families for the choir students (min. of 2 students per host). Register to be a host family at faithlutherantopeka.com!

Join us for a **Night of Music & Poetry with Tanner Olson and Blake Flattely** on Saturday, Sept. 7 at 6pm! The evening begins with food trucks in the parking lot, before moving inside for the performance at 6:30pm. Free to attend! Food trucks at your own cost.



Prayer Chain

Whenever we experience times of difficulty, it can be comforting to know that others are praying for us. A prayer chain is an effective way to bring the power of many prayers to those in need. And the commitment to pray for others is a way for us to put our faith into action.

Are you needing prayers from your brothers and sisters in Christ here at Faith for yourself, your family, or your friends? Would you like to pray for those who are requesting our support through prayer? We have an active prayer chain that can help you connect!

Karlea Landman is our prayer chain coordinator with assistance from Barb Reed. Prayer requests can be made to them by email or a phone call. Karlea then sends out an email to all those who are on the prayer chain list asking that they pray over those requests. Anyone who wants to be included on the prayer chain just needs to send an email to Karlea to add their email address to the list and agree to pray for all requests that are forwarded to them.

To make a request for prayer or add your name to the prayer chain please contact:

Karlea Landman karlea@edlinklgen.com 785-266-4467

Barb Reed bjr400475@gmail.com 785-220-4363

Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. James 5:16

Mission • Outreach

Faith Lutheran will be joining Enrich Missions July 27- August 3rd, 2024 to fulfill their mission of caring for impoverished children in Nicaragua. Our time of service will include enrichment tutoring and activities for children, facilitating a nutrition program, and completing some construction projects for the mission. Team members are: Jessica Atchison, Judy Corzine, Karen Pickett, Amber Hamilton, Brent McGuigan, Blake Ramsey, and DCE Hannah Elsey.

Sunday School Offering designations

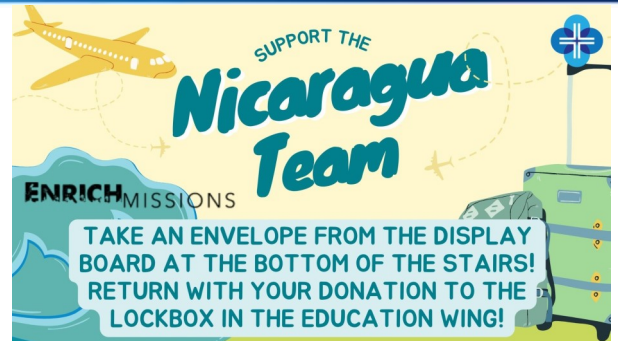
June - Lifeline BabyBottle Drive

July + August - Doorstep

September + October - Operation Christmas Child

November + December - Sunshine Connection

Czechia Devotions Ordered! The "field notes" devotions written by the Czechia mission team & the photography collection of crosses booklets have been ordered from the publisher. Expected arrival for these booklets is by the end of July. A few extra books have been ordered, please contact DCE Hannah for orders.



June's congregation-wide service project was the baby-bottle coin collection to benefit Lifeline Women's Resource Center. Over \$619 was raised to support Lifeline who serves our Topeka community with international adoption services, mentoring, counseling, sonograms, and seeking to connect all people with the Gospel of Christ.

Doorstep's 4th

Summer Cash Bash



Donate to Doorstep during the month of July, and help us earn 'match money' from an anonymous donor!

If we receive \$10,000 - We earn \$5,000!

If we receive \$17,500 - We earn \$7,500!

If we receive \$25,000 - We earn \$10,000!



Ways to Donate:

- ♦ Mail it to Doorstep
- ♦ Bring it to our office
- ♦ Online DoorstepTopeka.org

Please note on your donation if you belong to one of our member congregations...

And that you are donating towards our Cash Bash Match!

Doorstep, Inc. 1119 SW 10th Ave
Topeka, Ks 66604

Online: www.DoorstepTopeka.org

Office Hours: Monday - Friday 8am - 3pm

This is Doorstep's 4th Summer Cash Bash Event! We started this event in 2019 as a way to help us during the summer months when donations often decrease, and the need for our services typically increase!

Please consider making a donation to help your neighbors in need this July, and help us earn matching funds for Doorstep!



DOORSTEP
Neighbors Helping Neighbors

Re-Imagined Jewelry Benefit for Doorstep in July!

Drop by [Café Quetzal at 2111 SW Belle Ave](#) and check out this jewelry made mostly from up-cycled popcorn tins! Doorstep, Inc. will receive 95% of the proceeds on all purchases of **Re-Imagined Jewelry in July!**

Watch Doorstep's Facebook page for photos of the earrings you could find at the Café in July. Most earrings range from \$10-\$15!! Support Doorstep and treat yourself!!

Café hours:

Monday – Thursday 6:45am - 4:00pm

Friday 6:45am - 9:00pm

Saturday 8:00am - 4:00pm

Sunday 10:00am - 12:00pm



Donations Accepted:

**Monday – Friday
9am – 2pm**

1119 SW 10th Ave
(10th & Buchanan)
Use the South Door



FAITH LUTHERAN CHURCH

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785.272.4214



office@faithlutherantopeka.com

FaithLutheranTopeka.com

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Jeff Lane, vicar

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Bookkeeper@faithlutherantopeka.com

Pat Schultz, RN, parish nurse

TiredMomPLS@aol.com

Jessica Atchison, SS & WOW superintendent

JessicaKidMin@gmail.com

CHURCH OFFICE HOURS

Mon - Fri 8:00am to 4:30pm (closed 12-1pm)

SUNDAY WORSHIP

8:00* - Traditional Worship

10:45* - Contemporary Worship

12:15 - Traditional Worship

* also live-streamed on Facebook, YouTube

EDUCATION

Sundays for all ages: 9:30am

WOW Wednesdays: 5:15-7:30pm (Sept-Apr)

The Messenger is sent monthly to all members.

Next edition deadline is

July 24 to the church office.



Faith Lutheran

Solid Foundation Campaign

Pick up a commitment card
from the usher stand!

Solid
Foundation



A NIGHT OF MUSIC & POETRY

WITH BLAKE FLATTELY & TANNER OLSON

SATURDAY, SEPT. 7 | 6PM | AT FAITH
FOOD AVAILABLE FOR PURCHASE



ORDINATION & INSTALLATION OF JEFF LANE

Sunday, August 11
3:30pm
At Faith

