

Messenger Faith Lutheran Church

October—2024

volume 64 . issue 10

You are to open your hand to him and freely loan him enough for whatever need he has. Deuteronomy 15:11

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a message from senior pastor, Jacob Heine

"If there is a poor person among you, one of your brothers within any of your city gates in the land the Lord your God is giving you, do not be hardhearted or tightfisted toward your poor brother. Instead, you are to open your hand to him and freely loan him enough for whatever need he has." "Deuteronomy 15:7 – 8

Last month in worship we took the time to discuss stewardship. It is always one of those topics that is difficult to talk about, just as it can be to hear. Unfortunately, there is a misunderstanding that the Church only talks about money. And to be fair, the televangelists of the past and prosperity gospel preachers of today have not helped in this matter. However, we must admit that the Bible talks often about money, possessions, and generosity. This is because how we view and handle the items that God gives us to steward says much about how we view and think of God.

God has been generous with each of us. Even when we struggle with the material items of this world (our money, possessions, and property), we can't help but recognize that God has given freely and we are more well off than the majority of the world. But even more so, and more importantly, God has been rich and generous toward us in His love and grace. In the life, death, and resurrection of Jesus Christ, God has given us greater gifts in forgiveness, love, and grace. God's mercy means that God has given us far richer gifts than we deserve.

Our stewardship is our response to all that God has given to us. Knowing the amazing and rich blessings that God has poured out on us, we open our hands and freely give to the work of God through the congregation (this is the tithe the Bible speaks about) and we give freely to other worthy and great projects in congregations and in the world (these are the offerings the Bible speaks of).

Let me say thank you for your continued giving and blessing that you give to our congregation through both your tithes and offerings. We are able to continue to do amazing activities and provide worship with excellence because of your generosity and free giving. As we look toward the next year and beyond I am excited and encourage to know that we will not only continue the work we have been doing, but find ways to move forward to bless others as we have been blessed.

In Christ's Hands,

Pastor Jacob

lindameyer@faithlutherantopeka.com

Choir Rehearsals

- Alleluia Ringers Handbell Choir 6:00-7:00pm. Meets in the sanctuary. Bell ringing technique can be easily taught in rehearsals, but you need to be able read music (especially counting and rhythm). This choir usually rings in both our styles of worship about once a month.
- Adult Choir 7:15-8:30pm. Meets in the choir loft. This 4-part (SATB) choir is always needing more voices! No need to audition, just the love of singing. The choir sings at least twice a month in the 8:00 service and once a month in the 10:45 service.

Other Worship Arts & Music Ministry opportunities...

- Praise Team/Band Our on-going music team for the 10:45 Modern Worship is always looking for more members...
 Singers (lead or harmony) and band musicians (guitar, keys, drums, bass) are scheduled around availability (you do not need to commit to every week). Rehearsals are on Wednesdays at 7:30pm (after WOW) the week of the Sunday you are scheduled.
 Anyone is welcome to sit in on a rehearsal to see what is involved.
- Tech Team Every worship service needs technicians to work in the tech booth running sound, screen, or cameras. If any of these positions interest you, please contact Linda. Training will be given and an optional small stipend is available.

If you have questions or need more information about any of the above, contact Linda Meyer at: lindameyer@faithlutherantopeka.com.





CARE CARDS

Join friends at church every-other Wednesday in room 206 to make 4"x4" Care Cards. All materials are provided and no experience is necessary. Card making days this month are October 2, 16 & 30. Finished cards are placed in a box at the Care Card Center near the church's front entry - to be sent to members who need to know people CARE about them. Please write a note to the person(s) whose names appear on the white board at the Care Card center.

Report from LLC

- A Voter's Meeting is scheduled for Sun. Nov. 10 at 9:15am for elections and budget approval.
- Nominations are being accepted for officers, LLC at Large members and a State Convention delegate/alternate.
- The budget process is underway.
- The Sabbatical policy draft is being reviewed.



Oh come, let us sing to the LORD; let us make a joyful noise to the rock of our salvation!

Psalm 95:1

October is the beginning of a very busy time for LWML. October 5 is the Topeka Zone meeting at Redeemer Lutheran Church in Lawrence with 11 members from Faith attending. Circles will not meet this month as we have the FALL TEA on Sunday, October 13. LWML Sunday is on October Weekend Updates!) Eve will 20th with the theme "ready to serve" based on Luke 1:38: And Mary said, "Behold, I am the servant of the Lord; let it be to me according to your word." And the angel departed from her.

We are also busy planning for our annual chicken noodle dinner and quilt raffle fund raiser on November 3rd. We will be voting on the distribution of the funds we raise at the fall tea. If you are not an LWML member but would like to help out with the dinner, we would love the extra help. Please contact Shari Albrecht at 785-230-2278 for more information on how you could be involved.

DEBORAH CIRCLE met on September 17 at Jan Lyle's home for sharing information, fellowship, and Bible Study and are considering a service project to make adult bibs/aprons for shut-ins and nursing home residents.

The EVE GROUP met in September and shared information on all the exciting events coming up, now that the Fall Season is

here! (See reminders in the Church Messenger and host the Fall Tea on October 13th. The Hannah group is presenting the speaker -- an expert on Tea -- and we're providing ladies with a pretty



"Tea Party" complete with a variety of teas and tasty sweets! See you there!

Please watch for the Mite Box to be out on the first Sunday of every month and consider dropping in your loose change. Our current mission grant for which we are collecting mites is Kansas University Campus Ministry, The Crimson & Blue Lutheran Crew.

Faith has created the Faith Lutheran Church fund at the Topeka Community Foundation (TCF) to handle non-cash donations to the church.

Donations that can be made to Faith through TCF include stocks, bonds, IRA RMD distributions, real estate, estate bequests and life insurance proceeds.

For details to make a non-cash donation send an email to bookkeeper@faithlutherantopeka.com, put "Investment Donation" in the subject line and include your contact information in the email.



FAITH IS ENROLLED IN THE DILLONS COMMUNITY REWARDS PROGRAM

Anyone with a Dillon's Shoppers Card can designate Faith Lutheran Church - Topeka (organization # CX912) as the reward recipient for their purchases. To designate Faith on your Shoppers Card account, go to www.dillons.com/communityrewards Sign into your Dillons account. Go to "Link your Card to an organization." Then click on "Search for your organization here."

On the next screen, in the field "Find an Organization", enter Faith Lutheran Church and press enter. Click on "Enroll" under the name "Faith Lutheran Church - Topeka". You will see a message you have successfully enrolled and you are finished. Shoppers Card holders must re-enroll annually to designate Faith in this program.

FOR YOUR HEALTH ... Hospice... Pallative.... what do these mean?

a message from our Parish Nurse Pat Schultz, RN

Last month we discussed Hospice Care. In an attempt to be able to differentiate between the care provided in the services offered we will now look at Palliative Care (PC). "Palliative" comes from the Latin word, "palliare," which means "to cloak." This brings a picture to mind of supportive, comforting, and protective care rather than aggressive, often painful or uncomfortable treatments associated with severe illness. Cicely Saunders, the founder of the first hospice in the world, also was founder of palliative care. Palliative care was founded on the 7C's of care, which are:

- Communication; a compilation of the records, plans, and details of the patient's care, used as a tool for discussion at health care team meetings.
- Coordination; a coordinator organizes team meetings for discussion, planning, care analysis, and education.
- Control of symptoms; patient symptoms are assessed, discussed, and treatment plans identified.
- Continuity; patient and caregivers are given contact information for after-hours care and treatment.
- Continued learning; care team members discuss patient care to share ideas and problems.
- 6) Care support; caregivers are supported, listened to, encouraged, and educated to participate in the patient's care as they wish. Health care professionals plan support for the caregiver when bereavement occurs.
- Care in the dying phase; caregiver is informed and supported when the patient approaches the terminal phase and medicines for terminal symptoms are made available.

According to Caring Info, a program of the National Hospice



and Palliative
Care
Organization,
PC focuses on
maintaining
the highest
quality of life
while
managing
treatment and

other needs. Hospice Care (HC) focuses on the period closest to death. More specifically, PC focuses on easing pain and discomfort, reducing stress, and helping the patient achieve

quality of life possible. HC, on the other hand, focuses on quality of life when a cure is no longer possible or the patient or family decide the burdens of

the highest



treatment outweigh the benefits.

PC is a resource for anyone living with a serious illness, such as for pain control. PC helps patients manage physical symptoms and emotional stressors and focuses on the patient's goals for care, values, and what is important to them. It also aims to improve quality of life for both the patient and the family. A patient Is eligible for HC when the physician thinks they have fewer than six months to live. Additionally, the HC benefit can be extended multiple times if the physician continues to certify that the patient is expected to live less than six months.

A patient receiving PC can receive curative care and therapy for an illness. However, a patient receiving HC will NOT receive curative treatment but will receive only meds that enhance quality of life. Some other services provided by HC can include emotional support to the patient and family, medications and medical supplies needed to provide quality care, coaching for caregivers, grief support, and some special services such as speech and physical therapy when necessary. It is also possible for HC to make arrangements for short-term inpatient care when pain or other symptoms cannot be managed at home or when caregivers need respite care. It is also possible to leave HC if a patient's condition improves or the patient decides to resume curative care and return to HC later. Both PC and HC can be provided in any environment where the patient lives, such as at home or in long-term care facilities. PC nor HC services intend to hasten or postpone death.



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Arlyn Brunken

Spencer Vines Brayden Long

Betty Hartner Luke Robinson Eileen Rohberg

Drake Dunton

Matthew Hubka

Archer Greene Larry Jordan

Matt Caleb

Lillian Rexford

Ariah Durkes

Delena Brackman

Claire Ledbetter

Glen Berry

Barb Khalil

Hudson Kirkeminde

| | Susan Athey-Sheets | 10 |
|---|--------------------|----|
| | Liz Bolz | 10 |
| / | Jeff Lane | 10 |
| | Jeni Moss | 10 |
| | Easton Reetz | 11 |
| | Harry Strader | 11 |
| | Eldred Wenger | 11 |
| | Connie Tarvin | 12 |
| | Richard Bruenger | 13 |
| | Joanna Bradshaw | 14 |
| | Theodore Morlock | 14 |
| | Sandra Sweet | 14 |
| | Sam Greene | 15 |
| | Pam Bass | 16 |
| | Michelle Boling | 16 |
| | Stephanie Saunders | 16 |
| | Kia Hale | 17 |
| | Jacob Oltmanns | 17 |
| | Julie Haverkamp | 18 |
| | Duranna Crouch | 19 |
| | Avianna Martinez | 19 |
| | Isaac Wilson | 20 |
| | Jessica Atchison | 21 |
| | Rod Bleich | 21 |

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| Keith Mazachek | 21 |
|-------------------|----|
| Zachary Mize | 22 |
| Nichole Hernandez | 22 |
| Marian Bolz | 24 |
| Megan Decker | 24 |
| Tracy Kutscher | 24 |
| Karen Tardiff | 24 |
| Marilyn Thomas | 24 |
| Norma Williams | 24 |
| Norbert Wodtke | 26 |
| Gary Dick | 27 |
| Mark Kemp | 27 |
| Amber Long | 27 |
| Shirley Martin | 27 |
| Alexa Domme | 28 |
| Adam Krohe | 28 |
| Madison McCormick | 28 |
| Ron Moss | 28 |
| Kimberly White | 28 |
| Kayla Riddle | 29 |
| Leland O'Shea | 30 |
| GR Marchant | 31 |
| Cash Pfrang | 31 |

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| 6 | 111. | |
| 6 | Karen & Wayne Peterson | 22 |
| 9 | Bryan & Sarah Falk | 23 |
| 10 | Amie & Jerald Morlock | 25 |
| 12 | Jan & Bob Hoover | 26 |
| 14 | Bryanna & Lucas Nelson | 26 |
| 15 | Mike & Mary Jennings | 30 |
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| | 3 5 5 6 6 9 10 12 14 15 16 | 3 5 5 6 6 6 Karen & Wayne Peterson 9 Bryan & Sarah Falk 10 Amie & Jerald Morlock 12 Jan & Bob Hoover 14 Bryanna & Lucas Nelson 15 Mike & Mary Jennings 16 |

QUILTERS NEEDED

Our Monday morning quilters are always in need of more help. Please consider joining them on 2nd & 4th Monday mornings here at Faith. October quilting dates: Oct. 14 & 28. No experience necessary. We meet in a room in the south campus building. Questions? Contact Anne Johnson, 408-8004.

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.CHILDREN. .YOUTH. .FAMILIES.

Heather McCormick, director of youth & family ministry

CHILDREN

Trunk-or-Treat: Join us for Faith's annual Trunk-or-Treat on Sunday, Oct. 27 from 5-7pm! FREE hotdog dinner, s'mores, and trick-or-treating! Sign-up to decorate your trunk at faithlutherantopeka.com

Sunday School continues at 9:30am every Sunday morning! Children age 3 y.o. through 5th grade are invited to join us in room 202/204 for the opening before dividing up into classes. Rehearsals for the Christmas Program are starting soon!

YOUTH

Junior youth

Junior youth will host coffee fellowship on Sunday, Oct. 6 at 8:30am! All proceeds go towards junior youth summer trips!

Junior Youth Escape Room: Junior youth are invited to join us for dinner and an escape room on Saturday, Oct. 12 from 5:30-8:30pm. Drop off and pick up are AT Faith! We will have dinner at Faith, before heading over to Keynundrum Escape Rooms. We will return to Faith for dessert after the escape room. Registration required in order to make the appropriate escape room reservations

Senior youth

Senior youth will host coffee fellowship on Sunday, Oct. 27 at 8:30am! All proceeds go towards senior youth summer trips!

Senior Youth Nerf Night will take place on Saturday, Oct. 5 from 6-9pm at Faith. We will have dinner and play a variety of different nerf-based games! Friends are always welcome!

2025 LCMS Youth Gathering Registration: Registration is currently open for students currently in 8th through 12th grades for the 2025 LCMS Youth Gathering in New Orleans! The trip deposit and registration form are due back to Heather by Sunday, Oct. 13. Additional information can be picked up from the church office!

Kansas District Youth Gathering Registration is currently open for senior high youth! The District Gathering will take place on Nov. 15-17 at Rock Springs 4-H Ranch in Junction City. Registration forms are due back to Heather by Sunday, Oct. 20.

FAMILY LIFE

Gary's Berries: Tickets for Faith's annual Gary's Berries event are now available! Join us on Saturday, Oct. 19 from 5-9pm at Gary's Berries for a FREE hotdog dinner, s'mores, and all that Gary's Berries has to offer! Tickets are available from the church office for \$10/person, while supplies last (members only until Oct. 15).

Faith Speaks with Rev. Dr. Peter Nafzger: Join us on Saturday, Nov. 2 at 6:30pm at Faith to hear from Rev. Dr. Peter Nafzger, professor at Concordia Seminary St. Louis and theological advisor to the 2025 LCMS Youth Gathering! Dr. Nafzger will be talking about the communal shape of the Christian life- why community is so necessary to our lives as Christians, why it is so hard to find, and how we can live in community better together.

WOW

WOW: Join us on Wednesdays for WOW! Dinner begins at 5:15pm each week, followed by classes from 6-7:30pm! Children 3 y.o. through 5th grade participate in classes and activity stations, 6th grade Bible study, 7th & 8th Grade Confirmation, Senior Youth Bible Study, and Adult Bible study classes are all available! Childcare is provided each week for parents wanting to attend adult classes!

Dinner in October:

- Oct. 2: chicken tenders, tater tots, veggies & dip, no-bake cheesecakes
- Oct. 9: pulled pork, potato salad, veggies & ranch, apple crisp
- Oct. 16: chicken & rice casserole, dinner rolls, pumpkin bars
- Oct. 23: chicken parm, pasta, green salad, garlic bread, cookies
- Oct. 30: breakfast casserole, sausage patties, hash browns, peaches/pears, cupcakes

Update from our treasurer. . .

MONTHLY FINANCIAL RESULTS (GENERAL FUND)

- Donations for August were \$77,055 and expenses were \$84,823 resulting in a <u>net negative</u> balance for the month of (\$7,768.)
- Year to date donations are \$754,051 and expenses were \$732,505 resulting in a year to date balance of \$21,546.
- Donations for August were \$3,,082 above August 2023 . YTD donation are \$55,075 higher than 2023.



Our neighbors are really struggling to make ends meet this year. From 2023 to 2024 the number of food orders we have provided in 8 months has increased by 34%! Keeping food on our shelves has been a challenge again this year! Doorstep has already spent over \$43,000 on food purchases through August, and we have been buying food nearly every 2 months. The statistics below show the real need of our neighbors, and Doorstep as we try to provide a full food order each time. Our neighbors are already struggling to make ends meet, keeping their rent and utilities paid, and dealing with the crisis that life throws at them... having money to keep food on the table and personal hygiene items continues to be a challenge. In the first eight months of 2024, we have spent over \$200k on rent, utilities, dental vouchers, prescriptions, Topeka Metro passes, gas vouchers, hygiene products, auto services, and more.

Food Assistance: Jan – August 2024 Jan – August 2023

(Doorstep) Food Orders: 2,032 Food Orders: 1,465
Individuals: 5,158 Individuals: 3,598

Pounds Given: 113,708 Pounds Given: 85,135 \$ Spent on Food: \$43,168 \$ Spent on Food: \$29,364

We can provide this assistance because of our donors and funders who believe in neighbors helping neighbors and give where they can. We are grateful for every donation, large or small, and we appreciate our donors sharing our mission with us! If you are in need, or know someone who is, please tell them about Doorstep.

Current Needs

<u>Clothing Room</u> (Gently Used, Not New)

Men's Underwear & Belts ~ All Sizes

Men's Jeans & Shoes

Men's Shirts Size Small – Button Up / Knit Collared

Kids & Teens (Boys & Girls) - Jeans ~ All Sizes

Bed Pillows ~ Clean

Sheet Sets ~ Queen & King

Blankets & Comforters ~ All Sizes

Toasters, Blenders, Hand Can Openers & Silverware

Diapers ~ Sizes 5 & 6

Baby Wipes ~ Individual Packages

Rolling Suitcases

Food Room Needs:

Peanut Butter (not large jars)

Progresso & Chunky Soups

Canned Vegetables ~ All Types

Corn, Peas, Carrots, Canned Tomatoes, Green

Beans, Mixed, etc.

Canned Beans (pinto & black beans)

Tuna

Chili, Etc.

Health Kit Items Needed for Christmas Families: (260 Kits Total)

We would like to put the kits together in November and we are starting from scratch on supplies this year! We need the following Full Size Personal Hygiene Items:

Shampoo + Conditioner (2 in 1) Shampoo and Conditioner

Bar Soap Body Wash Toothpaste Deodorant

Brushes & Combs Toothbrushes (individually or small packs)

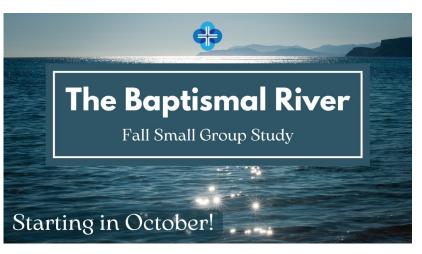
Bath Towels (New) Hand Towels & Washclothes (New)

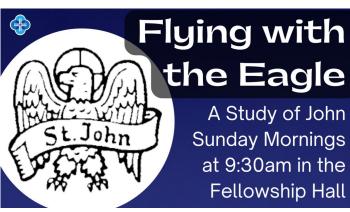


| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|---|--------------------------------|---|
| 29 8:00am Traditional Wor- ship 9:30am Education Hour 10:45am Modern Worship 11:45am 5th Sunday Potluck 12:15pm Traditional Worship | 30 5:00pm LWML Exec Bd 6:00pm Cub Scouts 7:00pm Scouts | 1 10:00am Bible Study 11:30am ASL Class 6:00pm ASL Class | 2 11:00am Care Card making 5:15pm WOW Dinner 6:00pm WOW 7:30pm Praise Team Rehearsal | 3 | 4 | 5 8:00am Men's Bible Study 9:00am Breakfast Club 6:00pm SH Nerf Gun Night |
| 6 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship | 7 6:00pm Cub Scouts 7:00pm Scouts | 8 10:00am Bible Study 11:30am ASL Class 2:00pm Picture Taking 6:00pm ASL Class | 9:30am Ruth Circle 2:00pm Picture Taking 5:15pm WOW Dinner 6:00pm Site Planning 6:00pm WOW 7:30pm Praise Team Rehearsal | 10 2:00pm Picture Taking 6:00pm Bell rehearsal 7:15pm Choir rehearsal | 11 2:00pm Picture Taking | 8:00am MOST Ministry 9:00am Breakfast Club 10:00am Picture Taking 5:30pm Junior Youth Escape Room |
| Junior Youth Retreat 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship 2:00pm LWML Fall Tea | 14 9:00am Quilting 6:00pm Cub Scouts 7:00pm Eve Circle 7:00pm Scouts | 15 10:00am Bible Study 11:30am ASL Class 6:00pm ASL Class 6:00pm LLC 7:00pm Deborah Circle | 16 11:00am Care Card making 5:15pm WOW Dinner 6:00pm WOW 7:30pm Praise Team Rehearsal | 9:00am Scrap- booking 6:00pm Bell rehearsal 7:15pm Choir rehearsal | 18 9:00am Scrap- booking | 8:00am Men's Bible Study 9:00am Breakfast Club 11:30am Senior Saints 5:00pm Gary's Berries |
| 20 LWML Sunday 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship | 21 6:00pm Cub Scouts | 22 10:00am Bible Study 11:30am ASL Class | 23 5:15pm WOW Dinner 6:00pm WOW 7:30pm Praise Team Rehearsal | 24 8:00am Garage Sale 6:00pm Bell rehearsal 7:15pm Choir rehearsal | 25 8:00am Garage Sale | 26 8:00am Garage Sale 8:00am Men's Bible Study 9:00am Breakfast Club |
| Reformation Sunday 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship 5:00pm Trunk or Treat | 9:00am Quilting 5:00pm LWML Exec Bd 6:00pm Cub Scouts 7:00pm Scouts | 29 10:00am Bible Study 11:30am ASL Class 6:00pm ASL Class Harmony | 30 11:00am Care Card making 5:15pm WOW Dinner 6:00pm WOW 7:30pm Praise Team Rehearsal | 31 6:00pm Bell rehearsal 7:15pm Choir rehearsal | 1 | 8:00am Men's Bible Study 9:00am Breakfast Club 6:00pm Faith Speaks: Rev. Dr. Peter Nafzger |

Adult Studies











Upcoming Faith Speaks

Join us on
Saturday, Nov. 2
at 6:30pm at Faith
to hear from Rev. Dr. Peter
Nafzger, professor at Concordia
Seminary St. Louis &
Theological Advisor for the
LCMS Youth Gathering!



Events at Faith







FAITH LUTHERAN CHURCH



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FaithLutheranTopeka.com

FOLIOW US ON:
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STAFF

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Jeff Lane, assistant pastor **JeffLane@faithlutherantopeka.com**

Heather McCormick, dir. of youth/family ministry DCEHeather@faithlutherantopeka.com

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Debbie Siegel, bookkeeper Bookkeeper@faithlutherantopeka.com

> Pat Schultz, RN, parish nurse TiredMomPLS@aol.com

Jessica Atchison, SS & WOW superintendent *JessicaKidMin@gmail.com*

CHURCH OFFICE HOURS

Mon - Fri 8:00am to 4:30pm (closed 12-1pm)

SUNDAY WORSHIP

8:00* - Traditional Worship

10:45* - Contemporary Worship

12:15 - Traditional Worship

* also live-streamed on Facebook, YouTube

EDUCATION

Sundays for all ages: 9:30am
WOW Wednesdays: 5:15-7:30pm (Sept-Apr)

The Messenger is emailed monthly to all members. Next edition deadline is

Oct. 21 to the church office.