



Messenger

F a i t h L u t h e r a n C h u r c h

June—2024

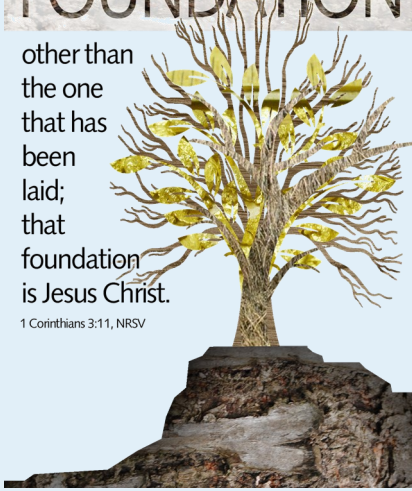
volume 64 . issue 6

... no one can lay any

FOUNDATION

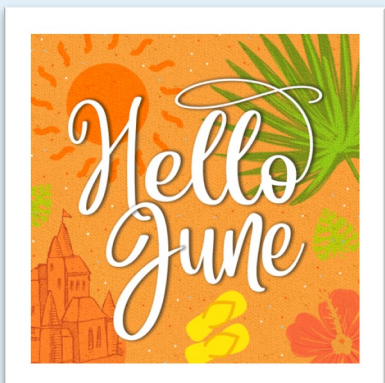
other than
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1 Corinthians 3:11, NRSV



IN THIS NEWSLETTER:

LWML	2
Report from the Treasurer	2
Calendar	3
Message from Parish Nurse	4
Birthdays & Anniversaries	5
Report from the Treasurer	5
Children & Youth	6
Garage Sale News	6
Mission & Outreach	7



a message from senior pastor, Jacob Heine

"For no one can lay any foundation other than what has been laid down. That foundation is Jesus Christ." ~1 Corinthians 3:11~

Our Church is built on Christ alone. That is the heart of Lutheran Theology – Saved by grace through faith in Jesus Christ alone. It is what we build our mission and ministry upon. Christ is what we need and all we need. Everything we do and all that we are starts here. It is the solid foundation of our teaching and our practice. Christ is all and in all.

Foundations are important because when we build on a solid foundation we can withstand storms, challenges, and issues that come up in. Like a building with a solid foundation can weather a storm, churches with solid foundations can withstand hardship and danger with a solid theological foundation.

Our theological foundation of Christ is the most important thing. However, our physical building foundation is also important. Over the last 75 years we have built buildings as a place for God's people to gather for worship and activities, for learning and growing in the mission and ministry of God in this place. We have added on and have updated our facilities in many ways. And in many ways, we need to continue this work. The literal floor of our facilities is in need to replacing. Many tiles are cracked and some are falling apart. There are some places that are becoming hazards and others that will be soon.

At our May Voters' Meeting we announced that we needed to undertake a Capital Improvement Campaign to cover the cost of this important project. To replace all the tiled areas in the building with durable flooring will cost approximately \$130,000. By replacing the flooring in all these areas we will continue to have a safe and attractive building to proclaim our true solid foundation of Jesus Christ.

We are asking that you would prayerfully consider how much you can contribute to the **Solid Foundation Capital Improvement Campaign**. We know that it is through all of us working together and giving sacrificially that we can make this project happen. We will only begin this project when we have half of the cost already covered (\$66,488.40 cash on hand).

We know that God provides in many and various ways. Your presence and support through finances and prayer are just a couple of those ways that God has made Faith Lutheran an amazing congregation! We know that we have a faith built on the **Solid Foundation** of Christ, and through our facilities we get to continue to Grow in that faith to Share Christ's love!

In Christ's Hands,

Pastor Heine



*Oh come, let us sing to the
LORD;
let us make a joyful noise
to the rock of our*

Deborah Circle's last meeting was May 21. Judie Mlynck led the topic and provided refreshments. Our next regular circle meeting will be in September. We will be cleaning the kitchen in July.

Eve Circle's last meeting until activities resume again in the Fall, was on May 13th. Nine members attended. Pat Shultz treated us to an overview of her personal experiences with the Faith Mission Team on their recent trip to the Czech Republic. Following treats and a short business meeting, all joined to stuff 12 sacks with personal Hygiene items for men and women to be delivered by Lori Franken to the Topeka Rescue Mission. Members also included notes of encouragement to the recipients. The beautiful note cards were made for this purpose by Members of the Care Card Ministry. Thank you to all who helped with this service project!! Plans are being made for a fun get-together in July! Date is TBA. Please contact Karen Tardiff or Sherrie Dick if you're interested in joining an enthusiastic Circle of Christian women who enjoy fellowship with each other and serving those in need.

Hannah Circle will not meet in June because of the LWML Exec. Planning Retreat. Watch for more details on a social gathering and a winery tour in July.

Ruth Circle has a time change for the June 12 meeting. Meet at the church to clean the kitchen at 9:30am then have lunch at Perkins at 11:00am. All members and/or guests are invited to lunch.

Our LWML Executive Board is having a retreat on Saturday, June 8, from 10AM to 2PM (lunch provided) at the church in the Fellowship Hall to plan for the coming year. We are looking for ways to "Ignite, Innovate, and Invite" participation in LWML. Our goal is to become more active and mission minded. All women in the congregation are invited to attend. If you want to have input, we would love to know what you think about LWML. Please contact Karen Peterson at peterway2.kp@gmail.com or 785-554-4045 if you plan to attend or if you have input to share.

Update from our treasurer. . .

MONTHLY FINANCIAL RESULTS

- Donations for April were \$99,941 and expenses were \$81,335 resulting in a **net positive** balance for the month of \$17,606.
- Year to date donations are \$424,744 and expenses were \$366,293 resulting in a year to date balance of \$58,451.
- Donation for April were \$4,122 lower than April 2023 .
- Year to date donations are \$49,541 above 2023.

CARE CARDS

Join friends at church every-other Wednesday in room 206 to make 4"x4" Care Cards. All materials are provided and no experience is necessary. Card making days this month are June 12 & 26. Finished cards are placed in a box at the Care Card Center near the church's front entry - to be sent to members who need to know people CARE about them. Please write a note to the person(s) whose names appear on the white board at the Care Card center.

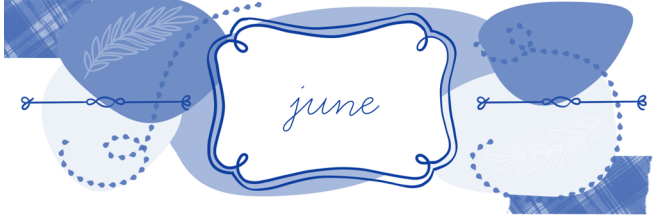


If you have aluminum cans to recycle, you may drop them off in the **Recycling Trailer** located in the South Campus parking lot. Thank you!

QUILTERS NEEDED

Our Monday morning quilters are always in need of more help. Please consider joining them on 2nd & 4th Monday mornings here at Faith. June quilting dates: June 10 & 24. No experience necessary. We are now meeting in a room in the south campus building. Questions? Contact Anne Johnson, 408-8004.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 8:00am Men's Bible Study 8:00am SH Car Wash 9:00am Breakfast Club
2 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship 6:00pm FIA: Kick-off & Trivia	3 7:00pm Boy Scouts	4	5 7:00pm Praise Team Rehearsal	6	7	8 8:00am Luke Savage Memorial Golf Tournament 8:00am MOST Ministry 9:00am Breakfast Club
9 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship 2:00pm Hannah Circle	10 9:00am Quilting 7:00pm Boy Scouts	11 6:00pm LLC	12 9:30am Ruth Circle 11:00am Care Card making 6:00pm Site Planning 7:00pm Praise Team Rehearsal	13	14	15 8:00am Men's Bible Study 9:00am Breakfast Club 12:15pm JH Swimming
16 Father's Day 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship 3:30pm FIA: Mini Golf	17 9:00am Morning VBS 5:15pm Evening VBS	18 9:00am Morning VBS 5:15pm Evening VBS	19 9:00am Morning VBS 5:15pm Evening VBS 8:30pm Praise Team Rehearsal	20 9:00am Morning VBS 5:15pm Evening VBS	21 9:00am Morning VBS 5:15pm Evening VBS	22 8:00am Men's Bible Study 9:00am Breakfast Club
23 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 12:15pm Traditional Worship 6:30pm Faith Speaks	24 9:00am Quilting 5:00pm LWML Exec Bd 7:00pm Boy Scouts	25	26 11:00am Care Card making 7:00pm Praise Team Rehearsal	27 9:00am Scrapbooking	28 9:00am Scrapbooking	29 8:00am Men's Bible Study 9:00am Breakfast Club
30 8:00am Traditional Worship 9:30am Education Hour 10:45am Modern Worship 11:45am 5th Sunday Potluck 12:15pm Traditional Worship	1 7:00pm Boy Scouts	2 6:30pm Spiritual Life	3 7:00pm Praise Team Rehearsal	4 Church Office Closed Independence Day	5	6 8:00am Men's Bible Study 9:00am Breakfast Club

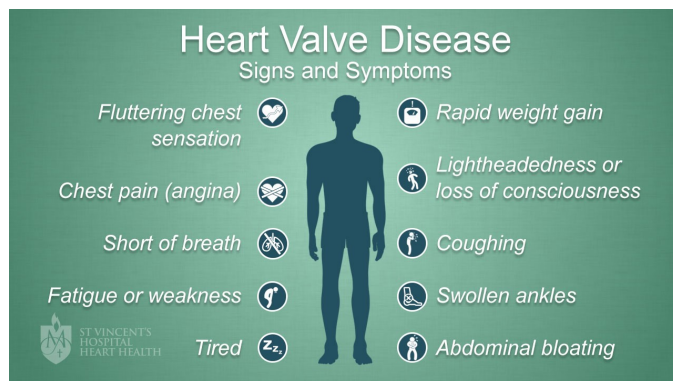
The Beat Goes On.....Heart Valve Disorders

This article on the heart will be focused on heart valve disease. Heart valves, when working properly, keep the blood moving through the body, in the right direction. Heart valves open only one way and only when they need to open. For the best body function heart valves must open all the way and close tightly to prevent leakage.

There are four valves in the heart. They are the aortic valve, tricuspid valve, pulmonary valve, and mitral valve. Electrical impulses in your heart cause the blood to flow through these valves in a synchronized manner.

Aortic valve stenosis is a thickening and, thus, narrowing of the valve, which passes blood from the heart's main pumping chamber, the left ventricle, to the body's main artery, the aorta. This condition results in reduced blood flow from the heart to the rest of the body. It is important to remember that this is the oxygen-rich blood that is distributed to all parts of the body to fuel a person's organs and cells to perform their specific work, which makes the body function properly. A person can be born with aortic valve disease (congenital heart defect) or the disease may occur later in life related to other health conditions, such as hypertension, infection, injury to the heart, strep throat, endocarditis, or radiation therapy to the chest.

Endocarditis, a type of heart valve disease, is an infection that is usually caused by bacteria throughout the body. The bacteria enters the blood, which then spreads the bacteria throughout the body as the blood is pumped through the body. If the bacteria settles in the heart, a person will have endocarditis, which can be life threatening if not treated. Sources of the bacteria can be caused by an illness or surgery or after intravenous drug use. If



diagnosed soon enough antibiotics can usually cure the infection.

Another common heart valve disease is **Rheumatic heart disease**. This condition develops when the heart muscle and valves are damaged by rheumatic fever, which is linked to untreated strep throat and scarlet fever. Because doctors now treat strep throat and scarlet fever with antibiotics, rheumatic heart disease is less prevalent today than it was years ago. If strep throat or scarlet fever were left untreated the symptoms of **Rheumatic heart disease** usually show up many years after the infection.

Basically, the heart valves keep the blood in the body moving in the right direction, at the right time, completely emptying each chamber of the heart as the blood is passed to the receiving organ or chamber in the heart, and closing tightly after opening and pumping blood out so as to avoid any blood leaking out when the valve is closed. When heart valves do not work properly they can sometimes be repaired or they can be replaced. Replacement valves can be mechanical (man-made) valves or they can be tissue valves, which are created from animal donors' heart valves. Discussions relating to which type of replacement valve would be best for each individual case based on the patient's age, medical history, and other considerations presented by the cardiovascular surgeon.

It is my hope that this series of heart-related articles has been helpful to you in gaining a basic understanding of how the heart works. Again, however, do not use this information to diagnose yourself or a loved one. Any time you think you might have a heart problem I encourage you to contact your physician or go to the Emergency Room for evaluation. The human body does not survive long without a good heartbeat.

Tips to prevent acquired heart valve disease



Stop
smoking



Develop
a healthy diet



Exercise
regularly



Practise
good dental hygiene



Manage and Treat
conditions such as Diabetes and High Blood Pressure



Ryan Brokke	1	Caleb Jennings	8	Mason Moss	19
Rusty Mills	1	Brenda Linder	8	Alexander Sage	19
Donna Reinert	1	Quinci Summers	8	Laurie Charay	20
Rhys Summers	1	Margaret Anschutz	9	David Dittmer	20
Cheyenne Anderson	2	Jolene Saunders	9	Eric Bertels	21
Debbie Crites	2	Gina Brewer	10	Chelsie Livingston	21
Von Kopfman	2	Julius Wood-Nichols	10	Lilly Boyer	22
Jake Michalski	2	Kathy Cisneros	11	Galen Dale	23
Rudy Reynolds	2	Maya Rush	11	Sandy Chitwood	24
Zachary Wills	2	Jeanne Hudson	12	Kelsie Jefferson	24
Kristina Hernandez	3	Ellee Johnston	12	Christiana McClintock	24
Gary Ideker	3	Kim Thacker	12	Sarah Boyer	25
Olivia Ledbetter	3	Geoff Greene	13	Jessica Pfrang	25
Micah Offermann	3	Myron Leinwetter	13	Jane McGuigan	26
Michael Brumleve	4	Morgan Munson	13	Reagan Spagnuolo	26
Joe Ledbetter	4	Ernie Gerhardt	14	Isaiah Huesers	27
Paxton Vines	5	Ed Gerhardt	16	Marilyn Bruenger	28
Ann Shelton	6	Tim Rollenhagen	16	Kim Rollenhagen	28
Shannon Huesers	7	Bob Thompson	16	Carolyn Watson	28
Nathan Ledbetter	7	Norm Wilms	16	Tyler Hamilton	29
		Rebecca Gutierrez	17	Jim Reynolds	29
		Will Hubka	17	Meridee Westjord	29
		Mardi Long	17	Matthew Genrich	30
		Hannah Marchant	17	Todd Reinert	30
		Dora Taylor	17	Jon Rollenhagen	30
		Crue Decker	18	Steve Wodtke	30



Sharon & Everett Lowe	2	Carol & Dean Kaufman	14	Daniel & Donna Lehman	27
Deb & Steve Hale	4	Francy & Jimmy Wells	14	Gina & Mark Brewer	28
Jennifer & Steve Jones	4	Coleen & Eldred Wenger	14	*Debbie & Dave Domingo	29
Sheila & Kevin Krohe	5	Craig & Renae Hansen	16	Jewelina & Robert Oswald	29
Kelsie & Matt Burdick	7	Tom & Beth Kamprath	16	Wanda & George Hipsher	30
David & Teri Wodtke	7	Cathy & Russell Atchison	17	Tim & Debera Owen	30
Melissa & Tim Gateley	9	Brenda & Jim Reynolds	17	Jason & Melissa Wills	30
Hal & Norma Hudson	9	Matt & Tracy Laird	18		
Jessiea & Larry Domme	10	**Joan & Rudy Reynolds	20		
Denise & Scott Grotbeck	10	Clarene & Norm Wilms	23		
Brownie & Tamara Wilson	10	Brady & Madison McCormick	25		
Jesse & Kim Thacker	1	Brenda & David Schwartz	25		
Amy & Brad Glinka	12	***Dwight & Gen Cater	26		
JoAnn & LeRoy Schick	13	Gayle & Henry Schulteis	26		

A Special Happy Anniversary :

- ◆ *50 years
- ◆ **60 years
- ◆ ***70 years

.CHILDREN. .YOUTH. .FAMILIES.

Heather McCormick, director of youth & family ministry

CHILDREN

VBS Registration is open! Join us June 17-21 for Scuba! Diving into Friendship with God! Kids will dive into God's Word to learn what living water is really about- the never-ending love of God! This year we will offer TWO VBS sessions (both sessions will use the "Scuba" curriculum). The Morning Session will run from 9am-12pm with an optional sack lunch that kiddos can take with them as they leave. The Evening Session will run from 6-8pm with an optional dinner on-site from 5:15pm-6pm. Register a participant or sign-up to volunteer at faithlutherantopeka.com!

YOUTH

Junior youth

Junior Youth Summer Swim! Junior youth are invited to join us at the Midwest Health Aquatic Center on Saturday, June 15 from 12:15-3:15pm. Lunch will be provided, entry to the pool is free (let the front desk know you are in the party room). Registration opens on May 25!

FAMILY LIFE

Faith in Action: Join us this summer for our annual Faith in Action events!

- ◆ Our kick-off event will be on Sunday, June 2 at 6pm On the Green! Bring a lawn chair, the Burger Bus will be on-site for dinner (at your own cost), drinks will be provided! Trivia with prizes begins at 6:30pm!
- ◆ Sunday, June 16: Mini-Golf
3:30pm, Sports Center, Dad's Golf Free!, At Your Own Cost
- ◆ Sunday, June 30: 5th Sunday Potluck
At Faith, Bring a main dish and a side or dessert to share!
11:45am
- ◆ Sunday, July 14: Top City Golf
6pm, TopCITY Golf, At Your Own Cost
- ◆ Friday, July 26: Royals Game
7:10pm, vs. Cubs, Kauffman Stadium, \$25/ticket
- ◆ Saturday, Aug. 3: Back to School Bash
3:15-6:15pm, Blaisdell Pool, free entry & dinner



Faith Speaks
Presents:
Jim Bradshaw
Sunday, June 23 | 6pm
At Faith
Food available for purchase!

The graphic features a circular portrait of Pastor Jim Bradshaw, a man with a grey beard and glasses, wearing a dark suit and red tie. The background is a light blue gradient with a subtle cross icon in the bottom left corner.

ISRAEL TRIP 2025 INFORMATIONAL MEETING

SUNDAY, JUNE 2
AT 5PM

Join Pastor Heine in the Fellowship Hall to learn more about this upcoming trip!



Family Summer Devotional
Looking for ways to grow your family's faith? Faith will be ordering a weekly family devotional with copies available starting Sunday, June 2! Scan the QR code to pre-order a copy!

The graphic has a blue and yellow wavy background. It includes a QR code in the top right corner and a subtle cross icon in the top left corner.



SENIOR YOUTH CAR WASH
Saturday, June 1
8am-2pm

The graphic features a background image of water splashing. It has a blue and white color scheme with a subtle cross icon in the bottom right corner.

Mission • Outreach



Czechia Presentation

Sunday, June 2
9:30am

In the
Fellowship Hall!

Doorstep's Putt Out Hunger

Friday, June 28 at
Western Hills

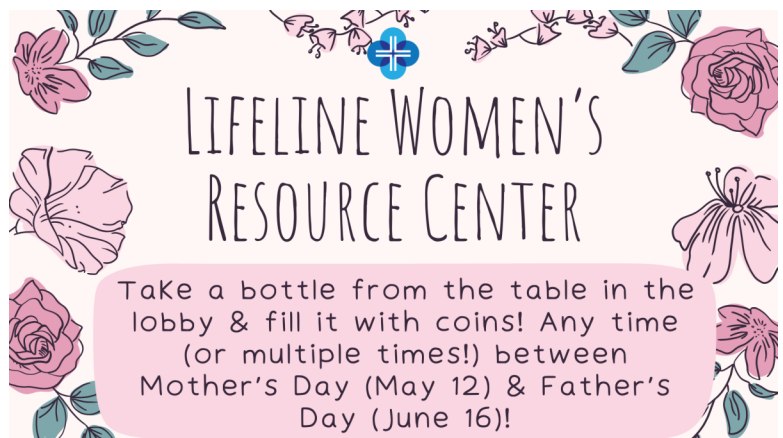
Shotgun start at 10am!
For more info & to register
go to doorsteptopeka.org!



Coming soon!

Look at the display board in the lobby for an exciting opportunity to support the Nicaragua mission trip, July 27-August 3rd.

There are 8 people preparing to serve on this trip!



Current Doorstep Needs ~ May 2024

Clothing Room Needs: (Gently Used, Not New)

Men's Pants, Slacks & Jeans (All Sizes)
Men's Shoes (All Sizes)
Men's Shorts & Belts (All Sizes)
Men's Shirts & T-Shirts ([All Sizes](#))
Women's Shorts & Underwear (All Sizes)
Kids Jeans (All Sizes)
Teen Girls Jeans (All Sizes)
Boys & Girls Clothing (All Sizes)
Sheet Sets - Twin, Queen & King (Queen Especially)
Pots & Pans
Rolling Suitcases

Hygiene Items: (Full Size)

Bar Soap
Toothpaste
Deodorant
2 in 1 Shampoo/Conditioner
3 in 1 Shampoo/Conditioner/
Body Wash

We need the following food items:

Spaghetti O's & Ravioli	Rice	Cold Cereal
Pancake Mix & Syrup	Tuna	Canned Fruit
Pinto Beans (Dry)	Peas	Egg Noodles
Boxed Potatoes (Variety)		Spaghetti Sauce

Donations Accepted:

Monday – Friday
9am – 2pm

1119 SW 10th Ave
(10th & Buchanan)
Use the South Door



FAITH LUTHERAN CHURCH

1716 SW Gage
Boulevard
Topeka, Kansas 66604
785.272.4214



office@faithlutherantopeka.com

FaithLutheranTopeka.com

Follow us on:

FACEBOOK INSTAGRAM YOUTUBE

STAFF

Jacob Heine, senior pastor

PastorHeine@faithlutherantopeka.com

Martin Albrecht, assistant pastor

PastorMartin@faithlutherantopeka.com

Jeff Lane, vicar

JeffLane@faithlutherantopeka.com

Heather McCormick, dir. of youth/family ministry

DCEHeather@faithlutherantopeka.com

Hannah Elsey, director of mission & outreach

HannahElsey@faithlutherantopeka.com

Linda Meyer, director of music & worship arts

LindaMeyer@faithlutherantopeka.com

Sharon Lowe, admin assist/publications

SharonLowe@faithlutherantopeka.com

Jason Wills, facility manager/admin coordinator

JasonWills@faithlutherantopeka.com

Debbie Siegel, bookkeeper

Bookkeeper@faithlutherantopeka.com

Pat Schultz, RN, parish nurse

TiredMomPLS@aol.com

Jessica Atchison, SS & WOW superintendent

JessicaKidMin@gmail.com

CHURCH OFFICE HOURS

Mon - Fri 8:00am to 4:30pm (closed 12-1pm)

SUNDAY WORSHIP

8:00* - Traditional Worship

10:45* - Contemporary Worship

12:15 - Traditional Worship

* also live-streamed on Facebook, YouTube

EDUCATION

Sundays for all ages: 9:30am

WOW Wednesdays: 5:15-7:30pm (Sept-Apr)

The Messenger is sent monthly to all members.

Next edition deadline is

June 17 to the church office.



Faith Lutheran

Solid Foundation Campaign

Pick up a commitment card
from the usher stand!

Solid
Foundation



VBS Registration open!



June 17-21

Morning & Evening Sessions!

Join us in an amazing undersea adventure where kids
will experience the ever-flowing, never-ending love of
God. Scan the QR code for more info & to register!



ORDINATION & INSTALLATION OF JEFF LANE

Sunday, August 11
3:30pm
At Faith